



OCTOBER

**IDALIA SCHOOL DISTRICT RJ3
26845 COUNTY ROAD 9.2**

IDALIA, CO 80735

WWW.IDALIACO.US

Volume 28, 2nd Edition



Tarek Glanz - Wolf of the Month

Tarek is an 18-year-old senior and Honor Roll student. Tarek's favorite subjects are science and English and he lists Mrs. Cindy Soehner and Mr. Weirich as his favorite teachers. Some of Tarek's hobbies and interests outside of school include basketball, going to concerts with friends, Youth Group, and watching sports with his dad. Tarek names his grandparents as his role models and states, "My grandparents are the most loyal and understanding people I know. I aspire to be like them." Tarek shared that a "fun-fact" about himself is, "I am a huge sports fanatic. In my free time you will either see me up at the school gym shooting or at home watching sports."

When asked to discuss an accomplishment that he is proud of, Tarek responded, "Last year I tore my ACL and meniscus during the first football game of the season. I worked really hard to rehab by knee and ended up coming back to play the last three basketball games of the season." When asked to discuss a future goal, Tarek stated, "I hope to play basketball in college and pursue a business degree." A piece of advice Tarek offers to his classmates is, "Be respectful of your peers because what goes around comes around."

Mr. Johnson states, "Tarek is a great kid and one of the leaders of our school. He is always extremely friendly and polite and behaves on a daily basis in a manner that makes him a great leader by example for our younger kids. He is doing a great job in the classroom and maintains Honor Roll status and is heavily involved outside of the classroom in activities such as athletics and Youth Group to name just a few examples. All of his teachers and coaches appreciate his positive attitude and friendly demeanor. Congratulations Tarek and keep up the good work! You are a great addition to our school and community."

WOLFVIEW



Growing our Character

Idalia Elementary is exploring positive character traits to incorporate into their school, homes, and community. The trait of Open-Mindedness was explored as students were nominated for their eagerness to consider new ideas and try new things! Congratulations to the nominated students who examine concepts from various angles!



Kittley Combs, Kevin Rascon Trejo, Sadie Satterly, Layla Monarrez



Kyran Moberly, Arleth Rascon Trejo, Teegan Lengel

“For the strength of the Pack is the Wolf, and the strength of the Wolf is the Pack.”

Rudyard Kipling

We Show Respect

Open-Minded
Forgiving

Fair
Gratitude

Own our Choices

Courage
Humility

Self-Control
Integrity

Learn Actively and Creatively

Creative
Teamwork

Curious
Leadership

Foster Positive Attitudes

Perseverance
Perspective

Optimism

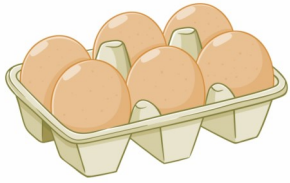
Humorous
Kindness



This month was packed with fundraising for the Idalia FBLA Chapter. We went to work the entire month! Not only did we do cookie dough sales, but calendar sales as well. Thank you to everyone who has continuously supported our chapter and school, we greatly appreciate it! Instead of a Canned Food Drive, we'll be doing a Penny Drive for the Manna Pantry. The goal is to raise \$1000-\$1500 to help with the cost of food from the Rocky Mountain Food Bank. In each classroom we will have a jar set up for every grade's homeroom where coins can be donated. The winning class in elementary, middle, and high school will receive a bag of candy! Time is also drawing near for deciding FBLA events for districts and state. Members are responsible for the project of their choice and must work diligently on it, whether it be a test, presentation, or a state-only event. We cannot wait to see which events our members choose, and how they do on them! We'll keep you posted!

This month was quite a busy month for the members of the Idalia FFA Chapter. On Sept. 7, 2023, the entire sophomore class traveled to Arickaree for a range judging clinic. Also, on Sept. 26, 2023, the whole class of sophomores and five juniors had traveled to Prairie for the Regional Range Judging Competition. Both of our teams had come out successful, our beginner team who consisted of the sophomores had won first place. Our advanced team, consisting of Wyatt Wudtke, Trent Hall, Addyson Juhnke, Tate Towns, and Krista Wieser, won second place. The kids' hard work was shown at this competition, and we cannot wait to see what the state competition holds for us next month.





Physics Egg Drop

On September 8, 2023, the physics class tested their designs for their egg drop project. The students were tasked with creating a contraption that would keep their egg from cracking when dropped from the grain elevator. The class was paired into groups of two to complete this project. They had many requirements that they had to meet to get the best grade possible. Some of these requirements included the contraption to not use a parachute, the designs to be creative, and it to be under 25 grams for the highest grade. When the contraptions were put to the test, all of the eggs ended up surviving! It was a very successful project for all. Thanks to the workers at the grain elevator for dropping the eggs!





Parent-Teacher Conferences will be held on Friday, October 13,
from 1-5 pm.

**Elementary (K-5) teachers typically schedule time slots in advance while JH/HS staff do walk-ins - but please reach out to your child(ren) teachers in advance if you have any questions.*

September Board Meeting Minutes

On September 20th, the board meeting was called to order at 7:00pm. Those in attendance included Board Members Amber Hardwick, Jessica Towns, Dustin Weyerman, Ross Morris, Andy Richards, Superintendent Myles Johnson, Assistant Principal Kristi Minor, Business Manager Autumn Helling, and audience member Kyle Kite. Following the Pledge of Allegiance, the agenda was approved. Next, the August 16th minutes were approved. During "Comments from the Audience," Kyle Kite, on behalf of the Idalia Sanitation Board, briefed the board on the current state of the Idalia sanitation pond and asked the school to consider a financial contribution towards the upcoming project to ensure the viable future of the pond. The Business Service Reports were then presented and approved. Mrs. Minor then provided her Principal's Report, where she shared student attendance and discipline records to date. She also briefed the board and relevant information from the recent EC BOCES Principal's Cluster meeting she attended. Mr. Johnson then provided his Superintendent's Update, where an election update was given, stating that Dustin Weyerman has been elected by acclamation, with the other available seat being vacant until an appointment is made in November. Mr. Johnson then shared the school's District Performance Framework, in which Idalia was awarded the highest possible rating of Accredited with Distinction, ranking among the top 5 percent of school districts across the state. Under "Discussion/Action Items," the board approved the Memorandum of Understanding (MOU) with the Idalia Visions Foundation, LLC as it relates to the joint teacher housing project. The board then approved a financial contribution of \$15,000 to the Idalia Sanitation repair project. Next, the board approved a resolution to cancel the 2023 School Board Election, as one petition was returned for two vacant seats, resulting in no contested seats. The board then approved the 2022-23 Financial Audit as presented, which, once again, was very clean and reflective of the great work Business Manager Autumn Helling performs for the school district. The board then approved a resolution to add board members Amber Hardwick and Jessica Towns to the signature card with Wray State Bank for the Idalia School Food Service fund. Under "Personnel," the board approved Cindy Soehner as the Knowledge Bowl sponsor. The board then approved the updated Substitute Teacher list as presented. Under "Policy," the Board approved required updates to policies AC, GBAA, GBEB, JBB, JK, JKA, JKD/JKE, JKD/JKE-R as presented. The meeting was adjourned at 8:10pm and next meeting was set for October 18th at 7:00pm.



PSAT 8/9

PSAT 10

PSAT/NMSQT

SAT

Power Your Teen's Future



SAT at a Glance

The SAT[®] Suite of Assessments is an important way for your teen to move along the path toward a successful future. When they take the SAT[®], your teen can use their scores to be seen by colleges and scholarship programs, and they get customized career information to help them understand all their options after high school.

Most students now take the SAT through SAT School Day, which research shows leads to higher college-going rates for low-income and underrepresented students.

Help Your Teen Know Where to Go

As your teen navigates their academic journey, the SAT[®] is an important tool you both can leverage to help plan for their future. Your teen will:



Have New Ways to Access Their Scores: If your teen is taking the SAT at school, during the school day, they can receive scores quickly and directly through the **BigFuture School[™]** mobile app. The app also gives them access to customized career insights and college planning guidance. They may also receive a PDF score report directly from their school.



Find Out About Their Likelihood to Succeed in AP: Using their personalized score report, your teen will get recommendations about what **AP[®] courses** might be a good fit for them.



Gain Career Insights: Beginning in 2024, the score report will show how students' performance can help inform career options. A student's math, reading and writing skills will be aligned to the typical level associated with various careers. The information in the score report, paired with the mobile app messages, aims to spark students' interest in careers. Students can choose to log on to **BigFuture[®]** for more in-depth exploration.



TESTING DETAILS

Date/Time: April 16th

Device: Student brings School provides

Cost: No Cost for SAT School Day

For more information, contact:

Caprise Cominiello at the Idalia School



NEW DIGITAL FORMAT

In spring 2024, the SAT will transition to a digital format. Going digital means a shorter test—closer to two hours than three—and an easier testing experience for students on **Bluebook[™]**, College Board's new digital testing app. Students will have more time per question, shorter reading passages, and access to a built-in graphing calculator that can be used on the entire math section.

To become familiar with the digital format, your teen will have access to full-length practice tests in Bluebook as well as access to free **Official Digital SAT Prep on Khan Academy[®]**.



Connect to Colleges and Scholarships: Through the new, free Connections™ feature*, accessible through the BigFuture School app, your teen can choose to hear directly from nonprofit colleges and scholarship programs that are interested in students like them—without having to share any personal information.



Get Help to Pay for College: In some cases, a minimum SAT score and GPA are required to be eligible for certain scholarships. Without scores to submit for consideration, your teen could lose access to thousands of dollars in college funding.



Leverage College Course Placement: SAT test scores are used by many colleges to determine first-year college course placement. Higher SAT scores could result in higher course placement, saving your teen time and money.

THE SAT SUITE: CHARTING THE PATH TO SUCCESS

Whether your teen is thinking about attending a two- or four-year college, is interested in career options, or isn't sure what they want to do after high school, the SAT Suite of Assessments can help make their path clearer.

Every test provides you, your teen, and their teachers with information about your child's strengths and areas that need improvement. This way your teen will know where to focus, and customized practice and planning resources will help them set and achieve their goals.

WALK & ROLL
TO SCHOOL DAY
JOIN US OCTOBER 4, 2023!
WALKBIKETOSCHOOL.ORG



We're going to...

Ireland

Summer 2025



Dear Parents & Guardians,

I am so excited to invite your student on this upcoming educational travel opportunity! Learn more about this exciting tour at an information session where we'll discuss:

- What we'll see and do
- Travel logistics
- How to earn high school or college credit
- Affordable payment options
- How to enroll on this trip (before it fills up!)

I look forward to seeing you there!
Mrs. Brophy

P.S. Can't make the meeting but want more information?
Register using the QR code or link below and select "No but send info."

Join us at the meeting for more details!

Register with this QR code
to attend the meeting!



For more information contact me: brophyj@idaliaco.us

<https://bit.ly/3RwXKSq>



School-Based Telehealth Counseling by Centennial Mental Health

The School-Based Telehealth Counseling Program partners with rural school districts throughout our region to expand access to behavioral health counseling services to students and their families. Our vision is to provide quality, comprehensive behavioral health care to the youth in our community while reducing the barriers experienced by families in rural areas due to work schedules, transportation and other factors that limit their ability to meet in our community-based offices.

PROGRAM GOALS

- Enhance student learning and emotional well-being.
- Improve access to care and additional behavioral health resources/services.
- Decrease stigma for youth and families engaging in behavioral health services.
- Collaboration with the school community to build support around each student's needs.



DOES YOUR STUDENT...

- Show signs of emotional distress, such as depression, anxiety or fearfulness?
- Have difficulty following the rules at home or at school?
- Need to learn better social skills to improve peer relationships?
- Have difficulty coping with a stressful or traumatic experience?
- Experience difficulties that impede their success?

WE CAN HELP

Our school-based, tele-behavioral health providers work closely with students and their families to develop a treatment plan tailored to the student's needs. Treatment can include a combination of: Individual therapy, Group therapy, Family therapy and access to additional Centennial services.

UNIQUE BENEFITS OF SCHOOL-BASED SERVICES

- Master's level Therapists located onsite via tele-health at local schools help to reduce numerous barriers to accessing confidential, behavioral health support.
- Our therapists work closely with the student and the school staff on their treatment goals.
- Our therapists can conduct telehealth groups on-site with several students or provide targeted interventions to help participants develop positive relationships with other youth.
- Increased access for youth whose families have difficulty transporting them to appointments.

For More Information Contact:

Centennial Mental Health Center Caprise Cominiello
211 W. Main St., Sterling, Colorado 80751 Or cominiello@idaliaco.us

P. 970-522-4392 | F. 970-522-2217 970-354-7298
www.centennialmhc.org

Give blood.

Every 2 seconds someone
in the U.S. needs blood.

American Red Cross



Blood Drive

Idalia

Idalia School Cafeteria

Wednesday, November 22
8:30 a.m. – 1:30 p.m.

Contact Lisa Richards 970-630-1498 or go online to
redcrossblood.org (sponsor code: idaliaco) to schedule an appointment



Come give blood Nov. 10-30 for an exclusive pair of Elf Red Cross socks, while supplies last!
Join us to celebrate the 20th Anniversary of the film Elf and make giving blood a holiday
tradition!

© & TM New Line Productions, Inc. (s23)

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

©2016 The American National Red Cross



Wray Hospital
& Clinic

IT'S FLU SHOT TIME!!!!

▶▶ FLU CLINICS AT THE WRAY CLINIC AND IDALIA



WRAY CLINIC

Tuesday, October 3rd 12 pm-6 pm

Friday, October 6th 7 am-1 pm

Friday, October 13th 10 am-5 pm

Tuesday, October 17th 1 pm-7 pm

IDALIA

Tuesday, October 10th at the Volleyball
Game @ 3 pm

Protect Yourself and Others from the Flu!!!!

See you all at the Wray Clinic and Idalia!!!!

Idalia Breakfast Menu October 2023

A selection of milk offered daily-----Fruit and juice offered daily----A variety of cereal offered daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Muffin Omelet	3	Bacon egg & cheese biscuit smoothie	4	Breakfast burrito yogurt	5	banana bread breakfast casserole	6	No School
9	Waffles scrambled eggs	10	Biscuit & gravy smoothie	11	Bagel/w cream cheese	12	Pancake on a stick yogurt	13	No school
16	Muffins omelet	17	Bacon egg & cheese biscuit smoothie	18	Breakfast Burrito yogurt	19	Banana bread Breakfast casserole	20	No School
23	Waffles scrambled eggs	24	Biscuits & gravy Smoothie	25	Bagel/ w cream cheese	26	Pancake on stick Yogurt	27	No School
30	Muffin Omelet	31	Bacon egg & cheese biscuit						

This institution is an equal opportunity provider

Idalia Lunch Menu October 2023

Fruits and vegetables offered daily-----A selection of milk is offered daily ----Menu is subject to change

MONDAY		TUESDAY		Wednesday		THURSDAY		FRIDAY	
2	Spaghetti salad bar	3	Tacos Rice Salad bar	4	PBJ Chicken Salad Baked chips Salad bar	5	Hot dog fries Salad bar Dessert	6	No School
9	Smoked Pulled Pork Sandwich Baked Beans	10	Beef Burrito w/green chili/refried beans salad bar	11	Chicken Rice bowl Salad bar	12	Shredded Pork Tacos Chips & Salsa/ salad bar Dessert	13	No school
16	Chicken strips Baked potatoes Salad Bar	17	Cheesy Nachos w/ground beef option Salad Bar	18	Corn Dog Corn Salad Bar	19	Beef Tostada Refried beans Salad Bar/Dessert	20	No School
23	Chicken Nuggets Roasted Vegetable Salad Bar	24	Pizza Green Beans Salad Bar	25	HB/CB Fries Salad Bar	26	Chicken Fried Steak mash potatoes/gravy/roll Salad Bar/Dessert	27	No school
30	Chili Breadstick Salad bar	31	Chicken Alfredo Garlic bread salad bar						Chocolate milk one day a week.

This institution is an equal opportunity provider.

Idalia School District RJ3
P.O. Box 40
Idalia, CO 80735

IDALIA MISSION STATEMENT

Idalia School District RJ-3 will provide each child the knowledge, skills, and qualities to become productive citizens upon graduation.



October 2023

Sun Mon Tue Wed Thu Fri Sat

1	2	3 Walk to School	4	5 JH/HS VB JHFB @ Lone Star	6 No School	7
8	9	10 JH/HS VB vs Bethune	11 FFA-State Range Judging @Lamar College Fair @ Burlington Dodgeball	12 JH/HS VB/FB @ Hugo	13 No School Parent/Teacher Conferences	14
15	16	17	18 School Board Meeting	19 JH/HS VB vs Kit Carson	20 JH/HS VB/FB vs. High Plains	21 Homecoming Dance
Homecoming week/ Scholastic Book Fair						
22	23 FFA-District Greenhand @ Arickaree	24 Picture Retakes HSVB vs Akon	25	26	27 HSVB HSFB @ Eads	28 HSVB @ Caliche
29	30 JHVb Tournament @ Bethune	31 Halloween Parade				

